

Course Outline for: HLTH 1112 CPR for Professional Rescuer**A. Course Description:**

1. Number of credits: 1
2. Lecture hours per week: 1
3. Prerequisites: None
4. Corequisites: None
5. MnTC Goals: None

Professional rescuers need the knowledge and skills to respond effectively to medical emergencies and provide lifesaving care. Students focus on communication with patients and health care professionals, scene safety, and evidence-based responses to respiratory and cardiac emergencies. Through hands-on practice and scenario-based learning, students develop competence in sustaining life and minimizing injury until advanced medical assistance arrives. Successful completion may result in Basic Life Support (BLS) certification.

B. Date last reviewed/updated: October 2026**C. Outline of Major Content Areas:**

1. Role of Professional Rescuer
2. Legal Considerations
3. Disease Transmission
4. Emergency Action Principles and Primary Survey
5. Airway and Breathing Emergencies
6. Introduction to Obstructed Airway
7. Obstructed Airway Emergencies
8. Cardiac Emergency Skills
9. Infant and Child CPR
10. 2-person CPR
11. Breathing Devices
12. Airway and Breathing Emergencies

D. Course Learning Outcomes:

Upon successful completion of the course, the student will be able to:

1. Explain how the professional rescuer's role is a part of the EMS system.
2. Identify the major signs and symptoms of emergency conditions.
3. Follow guidelines to ensure the safety of everyone at a scene.
4. Explain safety precautions to prevent transmission of diseases.
5. Describe the signs of life-threatening emergencies in adults, children, and infants.

6. Demonstrate how to use a resuscitation mask and a bag-valve.
7. Perform the steps of CPR, Rescue Breathing, the relief of foreign body airway obstruction, and use of AED.

E. Methods for Assessing Student Learning:

Methods for assessment may include, but are not limited to, the following:

1. Quizzes and exams
2. Participation in class activities
3. Assignments

F. Special Information

Students with physical limitations can earn academic credit for the class but may not be eligible for the certification.